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F30
ASSEMBLY INSTRUCTIONS



Your FiSHAW bike box should arrive in reasonable condition if the box is excessively damaged check to make sure that the bike is not damaged before accepting delivery.

Find an area to assemble the bike with plenty of space and have the box face the correct way up.



With a box cuter, cut the tape around the box with out damaging the box. Store the box encase you need to return your FiSHAW bike to us. Store the box somewhere dry and out of the way eg. Under your bed.



Remove the bike out of the box using a friend to lift it. Place the bike somewhere, where there is plenty of space to assemble the bike.



Remove all other contents/ accessories from the box



Remove zip ties with a pair of wire cutters and all packaging.



Take care when cutting zip ties not to cut brake/electrical cables on the bike



Box with accessories and front bicycle skewer with quick release attached attached to the front wheel with zip ties.



Contents of accessories box as shown.



Provided tool kit to assemble the bike



(1) Lift the handle-bar stem upright (2) then lift and click the stem locking latch into place (this will require a little force) to secure the handle-bar stem into place.



Rotate the stem 180 degrees as shown by the arrows so that it faces the opposite position it was in. The correct direction of rotation is the one where all cables are free and not wrapped around the forks.



Undo the 4 allen head screws from the stem with the correct sized allen key provide out of the tool kit and put to one side.



Put aside the 4 allen head screws, washes and other half of the stem head.



Place the handle bars into the stem head, make sure that all brake, gear shifter and electrical cables are not twisted around the handle bars and are free. Place the other half of the stem head with the 4 allen head screws slightly tighten.

Adjust the handle bars centered left and right as pictured and adjust up or down for personnel preference.



Insert the seat post into the seat tube of the bike frame



Turn the bike upside down to attach the mudguard and front wheel



Remove the plastic forks bar protector



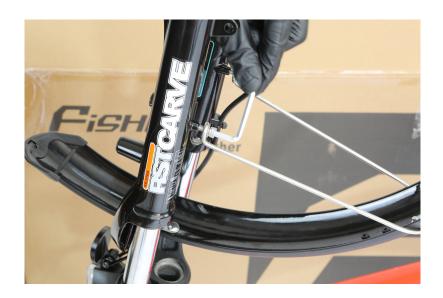
Remove the plastic brake pad wedge from the caliper, this is used to keep a space open between the brake pads to make it easier for the brake disc to insert between the brake pads when installing the the front wheel to the forks.



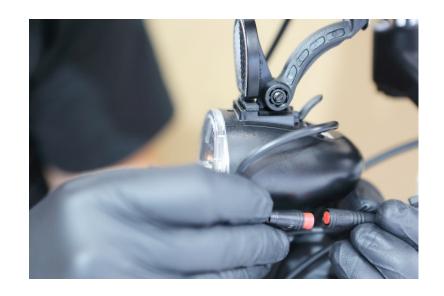
Remove the allen key head screw and washer from the crown of the front forks with supplied allen key. Detach the front mudguard from the wheel by cutting the zip tie.



Place the mud guard between the forks with the (1) mudguard clip (2) the front light (3) replace back the allen key head screw that was removed through the front light attachment arm, mudguardclip and thread back onto the back end of the suspension fork crown.



Take the allen head screw and washer with the supplied allen key. Place the mudguard stem eye-lite in position with allen head screw and washer. Return the allen key head screw and washer (2) through the eye-lite of the mudguard stem(1) and tighten with supplied allen key.



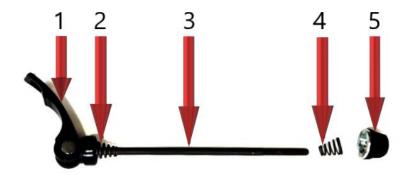
With the male end from the light and the female end from the bike.



Aligning the internal components and push together.



Place the front wheel between the forks making sure the disc brake is inserted between the brake pads of the caliper.



- 1. Quick release
- 2. V shaped spring
- 3. Skewer (axle)
- 4. V shaped spring
- 5. Skewer nut



With the V shaped spring(4) and the skewer nut(5) remove. Insert the skewer with the V shaped spring(2) with the small end of the spring pointing towards the wheel. Push the skewer all the way through to the other side.



On the other side from where the skewer was inserted, add the other V shaped spring (4) with the smaller end of the spring facing the wheel

Now screw on the skewer nut (5) tighten until it is touching the fork.



On the quick release (1) side. lock the release by pushing it down towards the forks. This will require a little force, if to easy tighten the skewer nut (5) and repeat until the quick release requires a small amount of force to lock. If unable to push the quick release into lock position, this will require the skewer nut to be loosened off slightly, repeat till the release is able to be locked down with a small amount of force.



Insert the correct pedal marked left or right into the crank arm and screw into the crank arm using your fingers at first.



Caution should be taken not to cross thread while screwing the pedal into place.

Once you have thread the pedal on with your fingers, tight with the correct size spanner supplied in your tool kit. Repeat process for other peddle.





Before riding, it is important to completely check over the bike that everything is fitted correctly, that all cables are free by turning the handle bars left and right. Check the front wheel is sturdily in place and will not dislodge from the front forks. Tires will need to be pumped up to 38psi.

